Your result is displayed in units called ACEs.

After displaying your measurement, Biosense will automatically go to sleep.

15 ACEs
MODERATE

0   5   10   20   40+

1-4	Trace Ketones
5-9	Low Ketosis
10-29	Moderate Ketosis
30-40	High Ketosis

The color scale indicates where your measurement lies on the spectrum of ketosis.

Learn more about the ACEs unit: mybiosense.com/understanding-the-aces-unit

Tips for Success:

Store Biosense in the protective storage pouch when not in use. Be sure to keep Biosense away from solvents such as:
- hand sanitizer
- cleaning solution
- nail polish remover
- perfume

Wait 60 minutes to use Biosense after eating, smoking, vaping, drinking flavored beverages, or using products such as:
- toothpaste
- mouthwash
- cough drops
- breath mints
- chewing gum
- lip balm
- artificial sweeteners

After consuming alcohol, wait until the next day to use Biosense.

Frequently Asked Questions: mybiosense.com/faq

Questions? Email us at support@mybiosense.com

Readout, Inc.
2940 Locust Street
St. Louis, MO 63103, USA

Stay up to date :

[Instagram] @mybiosense

[Facebook] @mybiosense
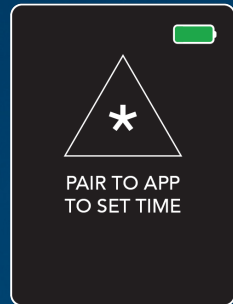
[Web] mybiosense.com

BIOSENSE®

Breath Ketone Monitor

BIOSENSE®

Quick Start Guide

The first time you use Biosense, and later if Biosense loses power, you will be prompted to pair to the mobile app to set the device clock.

PAIR TO APP TO SET TIME

If you choose to use Biosense without the app, press ✓ to skip pairing. If you skip pairing, Biosense will prompt you to set the device clock manually.
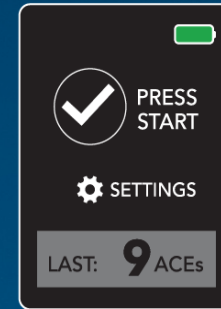
For directions to pair to the app, visit:
mybiosense.com/pairing
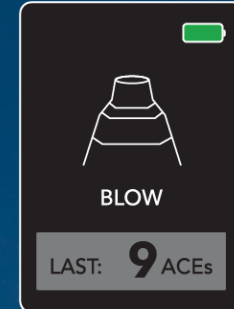
How to take a measurement:

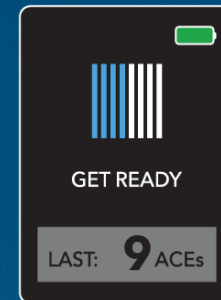To wake up, press and hold the ✓ button until the logo appears, then release the button.

Biosense will take up to 300 seconds to warm up.

PREPARING DEVICE
LAST: 9 ACEs

Press START ✓ to begin a measurement.

Biosense will make final preparations.

PRESS START
⚙ SETTINGS
LAST: 9 ACEs

GET READY
LAST: 9 ACEs

After a normal inhale, place your lips around the mouthpiece and exhale with steady medium force.

BLOW
LAST: 9 ACEs

You will feel Biosense start to vibrate near the end of your breath. Continue blowing until vibrating stops.

Biosense will take about 15 seconds to analyze your breath sample.

SUCCESS
ANALYZING